MISSION STATEMENT
The Marple Newtown Joint Recreation Commission is committed to improving the quality of life of all the citizens of the Marple Newtown community. The mission is practiced through the presentation of quality programs and activities that promote family participation, good health and fitness, youth development, and intergenerational experiences.

ON-LINE REGISTRATION
Marple Newtown Recreation has partnered with “Your Active World LLC” to offer On-Line Registration. This secure and convenient service will allow individuals to register for their favorite programs from the comfort of their own computer by visiting: www.mnrecreation.org.

FIELD PERMITS
Local team and league use of Township fields (both Marple & Newtown) for baseball, softball, soccer, and other sports, as well as local public use for community events is available on a “PERMIT BASIS ONLY.” Applications for said permits are available on-line at www.mnrecreation.org or at the recreation office (adjacent to gym) in the Gauntlett Community Center. The deadline for submission is February 7, 2020. There are a limited number of fields and facilities so all interested parties are advised to apply early. Contact the recreation office at 610-353-2326 for complete details.

YOUTH RECREATION CENTER
The Marple Newtown Youth Recreation Center (YRC), a program of the Marple Newtown Joint Recreation Commission aided by the Friends of the YRC, is now open selected Friday evenings from 7:00pm to 10:00pm. The YRC, for students in grades five through eight, is where young people can meet and socialize in a safe and supervised environment. Programs and activities take place at the Robert C. Gauntlett Community Center in Newtown Square. They include a weekly DJ, dancing, sports and games, and much more! All students, regardless of residency, are welcome. Membership fees are $15 for Marple Newtown residents and $25 for non-residents. The daily attendance fee is $10.00. Please call the recreation office at 610-353-2326 for registration information and complete details. The Center is open through March 20, 2020.

WHERE TO FIND US
The Marple Newtown Recreation office is located inside the Robert C. Gauntlett Community Center adjacent to the gymnasium. Please access the office from the West Chester Pike side of the building via the side drive entrance (if facing building, side drive is to the right). Parking is available in the West Chester Pike lot. Office hours are Monday through Friday from 8:30am to 4:30pm.

DISCOUNT SKI LIFT TICKETS
Marple Newtown Recreation is currently selling Discount ski lift tickets to some of the most popular resorts in the Pocono region. They include Blue Mountain, Big Boulder, Jack Frost, Elk Mountain, Bear Creek and Shawnee Mountain. The tickets are valid for the entire 2019/2020 ski season and can be purchased (cash or check only) in the recreation office of the Gauntlett Community Center. The office is open Monday through Friday from 8:30am to 4:30pm. Once purchased, tickets are non-refundable. Please call the office (610-353-2326) to confirm ticket availability.
**REGISTRATIONS FOR THE UPCOMING 2020-2021 SCHOOL YEAR WILL OPEN MARCH 2020**

**SUMMER 2020 COMING IN MARCH**

- **BEFORE AND AFTER SCHOOL CARE**
  - For Marple Newtown students in 1st — 5th Grade

- **KINDERGARTEN EXTENDED DAY**
  - Before and After Care available for students attending Marple Newtown half-day kindergarten

- **PRESCHOOL/ TODDLERS**
  - Preparing your child for kindergarten and beyond!

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Homework Time ~ Arts & Crafts ~ Sports & Recreation ~ Special Events ~ Enrichment Activities ~Community Service Projects

Care is provided on days when school is closed
Or dismisses early for teacher in-service, conferences, etc.

**Before School Session**
7:00am – 9:00am

**After School Session**
3:30pm – 6:00pm

**Kindergarten Extended Day Session(s)**
9:00am – 12:00pm & 12:00pm – 3:00pm

Plus, extended care available

**Toddler/Preschool**
7:00am – 6:00pm

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Registration materials are available at THE KID’S STOP site in the Gauntlett Community Center. For further information about child care programming or to get updated news on registration and activities, please contact Tracey Dudek, Director of Child Care at 610-353-2326. Email: thekidstop@gmail.com

Check us out on the web! www.mnkidstop.com

**THE KID’S STOP Program** does not discriminate in our admissions or hiring policies based on race, sex, religion, place of national origin or ability.

Each child brings his or her own uniqueness to the Program. We will gladly consider the application of any child enrolled in the Marple Newtown School District.
**CRAF TY KIDS CORNER**

From drawing to paper mache, this mix medium art class will allow children (ages 6 to 12 welcome) to make personal choices, encourage collaboration and be creative. During the course of this four-week program, students will make paper mache donuts, work with oil pastels and participate in a line-reliefs (string art) project. The projects are designed individually for all ages and ability levels. The program will be conducted at the Gauntlet Community Center. Instruction will be provided by local Art Teacher Chelsea Banes.

- **Dates:** March 7 – March 28
- **Day:** Saturday
- **Time:** 10:00am – 11:00am
- **Site:** Community Center
- **Price:** $55 per session

**HYPNOSIS**

Marple Newtown Recreation has partnered with Mr. Barry Wolfson to offer the following Hypnosis programs. Mr. Wolfson, Director of the Hypnosis Counseling Center of New Jersey (www.hypnosisnj.com) for the past 30 years, has formal training in both counseling and hypnotherapy. All classes will meet at the Gauntlet Community Center. Please call 610-353-2326 or visit www.mnrecreation.org for additional details and/or registration information. Ages 18 and older welcome.

**Stop Smoking with Hypnosis**

Through hypnosis, smoking cessation is easily achieved in a one-hour session. Eliminate the craving for tobacco while minimizing discomfort. Please bring a small pillow to class. The first 45 minutes of the session will be dedicated to the history and background of hypnosis and addiction. The final 15 minutes will include the actual hypnosis. Reinforcement CD is strongly recommended and is available for purchase for $18.

- **Session 1:** Thur., Jan. 16
- **Time:** 6:30pm – 7:30pm
- **Price:** $55 per session

**Weight Loss with Hypnosis**

Through hypnosis, weight loss is easily and painlessly attained. Shed unwanted pounds and keep them off in a safe, effective program. Please bring a small pillow to class. The first 45 minutes of the session will be dedicated to the history and background of hypnosis and addiction. The final 15 minutes will include the actual hypnosis. Reinforcement CD is strongly recommended and is available for purchase for $18.

- **Session 1:** Thur., Jan. 16
- **Session 2:** Wed., April 22
- **Time:** 6:30pm – 7:30pm
- **Price:** $55 per session

**Better Sleep with Hypnosis**

Do you have difficulty falling asleep? Do you have difficulty getting back to sleep if you wake up during the night? Imagine leaving life's cares and worries behind at the end of each day. Learn relaxation techniques and strategies to fall asleep easier. Please bring a small pillow to class. The first 30 minutes of the session will be dedicated to the history and background of hypnosis and addiction. The final 15 minutes will include the actual hypnosis. Reinforcement CD is strongly recommended and is available for purchase for $18.

- **Session 1:** Thur., Jan. 16
- **Session 2:** Wed., April 22
- **Time:** 6:30pm – 7:30pm
- **Price:** $55 per session

**SHADES OF IRELAND – March 10 to March 19, 2021**

From history-filled Dublin to the rolling green hills and dramatic coast, experience Ireland’s charm on a journey through the Emerald isle. Trip highlights include visits to Dublin, Kilkenny, Waterford, Blarney, Killarney, Limerick and Galway as well as stops at the Blarney Stone, Ring of Kerry, Cliffs of Moher, Tullamore Distillery, the Cabra Castle, and much more! The fee includes Round-Trip Air from Philadelphia International Airport, Air Taxes, Hotel Transfers and 13 Meals. Passport is required. A trip information presentation will be conducted by Collette Travel on Wed., July 22 at 7:00pm at the Community Center. Please call 610-353-2326 for registration details.

- **Price:** $3,499 per person double occupancy
  (A deposit of $500 per person is due upon reservation)

**MN YOUTH LACROSSE REGISTRATION**

Marple Newtown Youth Lacrosse registration is open through January 31, 2020 to all kindergarten through 8th grade students who reside within the Marple Newtown School District boundaries. Programs range from clinics teaching lacrosse fundamentals at the kindergarten to second grade level, intramural competition, and local travel teams at the upper grade levels. Prior experience is not required at any level. Please note that registration closes once capacity is reached at our various levels. For additional information and online registration please visit MNYLAX.org.

**TRIP SCHEDULE**

**PHILADELPHIA FLOWER SHOW – Tuesday, March 3, 2020**

Inspired by the world’s exotic Mediterranean gardens, the 2020 Philadelphia Flower Show and its Riviera Holiday theme invites you to embrace your inner romantic and explore the allure and extraordinary plant palette of some of the world’s most captivating coastal regions. MORE gardens and picturesque landscapes greet groups as they enter lush groves of citrus, cypress and palms. And, BIGGER displays of flowers, plants and trees including lavender, artemisia and sage transport you to the everlasting sunshine of the Riviera. The MN Recreation school bus departs the Gauntlet Community Center for the Pennsylvania Convention Center at 9:30am and returns by 5:00pm. Please call 610-353-2326 or visit www.mnrecreation.org for further details.

- **Price:** $47

**CULTURAL & EDUCATIONAL PROGRAMS**

Visit us on the web at www.mnrecreation.org

3
EDUCATIONAL & RECREATIONAL PROGRAMS

DRIVER EDUCATION
PA-certified Driver Education Theory and Skills Course (classroom only) for new drivers will be conducted by the Defensive Driving Academy, Inc. of Broomall beginning March 3. This 30-hour course will be held at the Community Center on Tuesday evenings (10 weeks) from 6:00pm to 9:00pm each night. Minimum age to attend is 15. This course is recommended for high school students preparing for either their permit test and/or their driver's license test. Driver’s permit is not required to attend this course. Most insurance companies will provide a discount for course completion. Students must attend eight of ten classes to complete program and receive certificate for their insurance company.

- **Dates:** March 3 – May 12
- **Day:** Tuesday
- **Time:** 6:00pm – 9:00pm
- **Price:** $140

AARP SMART DRIVER COURSE
This program is a classroom refresher course for experienced motorists age 50 and older. Presented by AARP, it covers the effects of aging and medication on driving, accident prevention methods, rules of the road, and license renewal requirements. After completing the course, participants qualify for a discount on their auto insurance, in compliance with PA HB12. Class will be held in the Gauntlett Community Center. Checks should be made payable to AARP. To be eligible for the four-hour course, participants must have previously taken the eight-hour course.

- **Four-Hour Course**
  - **Date:** April 14
  - **Day:** Tuesday
  - **Time:** 11:30am – 3:30pm
  - **Price:** $15/AARP Members
  - **Price:** $20/Non-Members

- **Eight-Hour Course**
  - **Dates:** April 21 & 23
  - **Days:** Tue. & Thur.
  - **Time:** 11:30am – 3:30pm
  - **Price:** $15/AARP Members
  - **Price:** $20/Non-Members

COMPUTER EXPLORER'S ADVANCED CODING
Create Amazing iPad Apps
Offered in partnership with Computer Explorers, Participants ages 7 to 10 will use a coding language which is the beginning version of the programming language used by professionals to create highly ranked apps for the iPad. They will have success in a seriously fun way! This is an incredibly engaging course, starting with guiding a character through a 3D world, and then moving on to more advanced concepts. By the end of the course, the participants will have created an app. The program will meet at the Gauntlett Community Center.

- **Dates:** Jan. 23 – Feb. 27
- **Day:** Thursday
- **Time:** 4:30pm – 5:30pm
- **Price:** $110

BUILDING & CODING AWESOME ROBOTS
Participants (ages 7-9) will have fun and success as they build robots and learn new coding skills to get the robots to do what you want them to do using motors and sensors. Will your alligator snap its mouth open and shut? Will you teach a monkey to play the drums and an airplane to fly? By the end of the program, you will create a robot on the computer using your imagination and the knowledge gained in class. The program will be offered in partnership with Computer Explorers and will meet at the Gauntlett Community Center.

- **Dates:** March 26 – May 7
- **Day:** Thursday
- **Time:** 4:30pm – 5:30pm
- **Price:** $110

CHESS CLUB
Student’s ages 8 to 14 are welcome to join the Marple Newtown Chess Club which meets Wednesday afternoons at the High School. During this eight-week program, participants will play games against each other while Club Moderator Neal Olberholtzer observes and suggests advice on strategy. The Club is structured to pair each student against an opponent of similar skill. All chess supplies provided. Please visit [www.mnrecreation.org](http://www.mnrecreation.org) for spring program dates.

- **Session 1:** Jan. 23 – Feb. 27
- **Day:** Thursday
- **Time:** 4:00pm – 5:00pm
- **Site:** MN High School
- **Price:** $80

ADULT FEMALE GOLF CLINIC
This program includes four one-hour clinics and is open to beginner and intermediate female players. Participants will be taught the basic fundamentals of the game (posture, grip and aim) and how to swing the club. In addition, all players will work on their short game including both chipping and putting. Clinics one through three will be held on the practice range or putting green at Paxon Hollow C.C., and the fourth clinic will be done on the golf course. While on the course, golf etiquette and speed of play will be discussed. The program coordinator is Dan Malley, PGA Professional. Ifneeded, equipment will be provided.

- **Session 1:** April 6 – April 9
- **Days:** Mon. – Thur.
- **Time:** 9:30am – 11:30am
- **Price:** $144 per session

- **Session 2:** April 13 – April 16
- **Days:** Mon. – Thur.
- **Time:** 1:00pm – 3:00pm
- **Price:** $144 per session

ADULT BASKETBALL LEAGUE
Marple Newtown Recreation’s Adult Basketball League is scheduled to begin Monday, April 13, 2020. League games will be played Monday evenings at the Robert C. Gauntlett Community Center Gym. Teams wishing more information on this league should contact the recreation office at 610-353-2326.

WALK 15
Walk 15 class takes the best features from low impact group exercise and keeps it easy to follow! The program is designed with “walking based” moves so that all fitness levels and all ages can do it – At Your Own Pace! This is a fun workout with walking moves set to the beat of current and oldies music. Ages 18 and above are welcome. All you need is a good pair of walking shoes / sneakers, water and a towel. Grab a friend and join us! Class will be held at the Gauntlett Community Center. The program coordinator is Barb Campbell, a Master Walk 15 instructor.

- **Session 1:** Jan. 8 – Feb. 12
- **Session 2:** Feb. 16 – April 1
- **Session 3:** April 15 – May 20
- **Day:** Wed.
- **Time:** 10:00am – 10:45am
- **Price:** $50 per session

SPRING BREAK JUNIOR GOLF CAMP
Designed to provide a fun, challenging, and supportive environment for young players (ages 7-16) to learn and enjoy the game of golf. Aside from the basic fundamentals, camp will focus on the full swing, pitching, chipping, and putting. Rules and etiquette will also be covered. Camp will meet at Paxon Hollow Country Club under the direction of Dan Malley, PGA Professional. Please bring a baseball cap/visor and a water bottle to camp each day. Although not required, you may bring your own golf clubs. Please call the recreation office (610-353-2326) for registration information.

- **Dates:** April 6 – April 9
- **Days:** Mon. – Thur.
- **Time:** 9:30am – 11:30am
- **Price:** $80

- **Session 2:** April 20 – April 23:
- **Days:** Mon. – Thur.
- **Time:** 1:00pm – 3:00pm
- **Price:** $80

Weather & Information Hotline: 610-353-2326
**LEARN TO SWIM**

A “Learn to Swim” program will be held at the Marple Newtown Senior High School Pool and will meet once weekly for five weeks beginning March 7, 2020. Qualified instructors will teach lessons for Beginner, Advanced Beginner and Intermediate swimmers. Lessons are open to anyone six years of age and above.

**Private / Semi-Private Lessons**

All lessons are one half hour in length and will meet Saturdays between 9:00am and 11:00am. Missed lessons by choice of the participant generally will not be made-up. Those registering for Semi-Private lessons must register both (2) swimmers to get the Semi-Private rate. Semi-Private swimmers must be of the same ability level.

<table>
<thead>
<tr>
<th>Session 1:</th>
<th>March 7 – April 4</th>
<th>Day:</th>
<th>Saturday</th>
<th>Price per session: $155/Private</th>
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<tbody>
<tr>
<td>Session 2:</td>
<td>April 18 – May 16</td>
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<td>$130 per swimmer/Semi-Private</td>
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**Group Lessons**

Group lessons are available for beginner and advanced beginner swimmers only. Student to instructor ratio is 3:1. All lessons are one half hour in length and meet Saturday mornings at 11:00am and 11:30am. Missed lessons by choice of the participant generally will not be made-up.

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<tr>
<th>Session 1:</th>
<th>March 7 – April 4</th>
<th>Day:</th>
<th>Saturday</th>
<th>Price per session: $125</th>
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<td>Session 2:</td>
<td>April 18 – May 16</td>
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**PILATES**

This dynamic program offers a system of mind and body exercises focusing mainly on the abdomen, oblique muscles, and lower back. Pilates dramatically transforms the way your body looks, feels and performs. It builds strength without excess bulk, creating a sleek, toned body. Other program benefits include increased lung capacity and circulation, as well as improved coordination, posture and balance. Because Pilates teaches balance and control of the body, many participants experience positive body awareness for the first time. Ages 18 and above are welcome. Class will meet at the Gauntlett Community Center. Please bring a rubber exercise mat and light hand weights (2-5 lbs.) to class. Certified Pilates instructor Donna Giordano will conduct the program. Please call 610-353-2326 for additional information and visit www.mnrecreation.org to register.

**JUNIOR GOLF CLINIC**

This program teaches children ages 7 through 16 the basic fundamentals and etiquette of golf. Children will learn proper stance and swing techniques, how to grip a club, address the ball and have FUN. Other aspects of the game to be covered include chipping and putting. Furthermore, participants will learn the basic rules of golf as well as the importance of sportsmanship. No prior experience is needed. Equipment will be provided if needed. Groups meet for five one-hour clinics. The first four clinics meet on consecutive Saturday mornings, while the fifth clinic is done on a weekday evening on the golf course (date TBA by instructor). Instruction will take place at Paxon Hollow Country Club’s practice facilities in Broomall. The program coordinator is Daniel Malley, PGA Professional.

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<tr>
<th>Session 1:</th>
<th>April 18 – May 9</th>
<th>Day:</th>
<th>Saturday</th>
<th>Price: $70</th>
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<tr>
<td>Session 2:</td>
<td>June 6 – June 27</td>
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**YOGA**

With “Ha” meaning Sun and “Tha” meaning Moon, Hatha yoga is a style of yoga that is physical and at the same time deeply meditative. Through a variety of yoga postures, attention to proper alignment is learned. Gentle movement in union with breathing strengthens the body and increases flexibility, while freeing the mind from daily stress. A sense of harmony and balance is discovered. Other benefits include increased energy flow as nerve channels are cleared, improved concentration, blood circulation and digestion! Classes will meet in the Gauntlett Community Center. Students should wear comfortable clothing and bring a yoga mat to class. This six-week yoga program will be taught by Yvette Pecoraro, a certified TriYoga instructor and RYT with Yoga Alliance.

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<th>Session 1:</th>
<th>Feb. 10 – March 23</th>
<th>Day:</th>
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<td>Session 2:</td>
<td>April 6 – May 11</td>
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**STROLLER STRIDES**

Fitness for Mom…Fun for Baby!

Welcome to Stroller Strides! Fitness for You…Fun for Baby! Stroller Strides is a total fitness program that moms can do with their babies. It includes power walking and intervals of strength and body toning exercises using exercise tubing, the stroller and the environment. Taught by a certified and specially trained fitness instructor, it is a great workout for any level of participant. Your Stroller Strides instructor will weave songs and activities into the routine designed to entertain and engage baby, while moms are led through a series of exercises specific to her role as mom. Each 60-minute class includes cardio, strength training, abdominal work and stretching. Class can be modified for moms of all fitness levels. Please bring a sturdy stroller, plenty of water and a mat or towel. Take time for yourself to workout with your baby or toddler in tow! The program meets at the Community Center during the winter months and Veterans Park in Broomall the remainder of the year. For more information or to register please visit http://media.fit4mom.com or email Erin Taylor at erintaylor@fit4mom.com.

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<tr>
<th>Session 1:</th>
<th>Jan. 2 – Ongoing</th>
<th>Days:</th>
<th>Tue. &amp; Thur.</th>
<th>Price: $75 per month</th>
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<td>Session 2:</td>
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Visit us on the web at www.mnrecreation.org
TAI CHI – 24 FORM
Tai Chi is one old form of Chinese exercise beneficial to health, and it is also a subtle, sophisticated, and scientific method of self-defense. It is basically made out of several forms or sets originally derived from the martial arts, and it takes the form of the natural movements of animals and birds. However, unlike martial arts, Tai Chi is performed deliberately slow, softly, and gracefully with smooth and even transitions between movements. Those who practice regularly will develop a healthy body and a calm, tranquil mind. It also provides a practical avenue for learning about balance, alignment, fine-scale motor control, and rhythm of movement. Therefore, the practice will enable you to better stand, walk, run and correct poor posture. This program is suitable for people of all ages and requires no special equipment. Class will meet at the Gauntlett Community Center. Lucia Coren will provide authentic Chinese instruction.

| Session 1 | Jan. 8 – March 11  
| Session 2 | March 25 – June 3  
|            | (No April 8)  
| Day:       | Wednesday  
| Time:      | 6:00pm – 7:00pm  
| Price:     | $60 per session  

ZUMBA FITNESS
The Zumba® program fuses Latin and international rhythms with easy-to-follow moves to create a one-of-a-kind fitness program that feels more like a disco party than a workout. Very little motivation is required because when you hear the music, you can’t help but move! Our goal is simple: we want you to love working out! You can achieve long-term benefits while experiencing an absolute blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life. The routines feature interval training sessions where fast and slow rhythms are combined to tone and sculpt the total body while burning fat, especially targeting the mid-section. Zumba® Fitness is so fun that it is now offered in over 100 countries worldwide. Certified Zumba® instructor Pam Nelson will coordinate the program. Ages 14 and above are welcome.

| Session 1 | Jan. 16 – March 5  
| Session 2 | March 19 – May 7  
| Day:       | Thursday  
| Time:      | 6:15pm – 7:15pm  
| Site:      | Community Center  
| Price:     | $70 per session  

TRITON SWIM TEAM
Are you NEW to competitive swimming or looking for a NEW team? The Triton Swim Team, a USA Swimming Club sponsored by Marple Newtown Recreation, is now enrolling swimmers ages 5 and older. Coaches Tim McCullough and Dave Boyer will be coordinating and leading the club which will utilize the Marple Newtown High School Pool. Triton Swim Team is focused on developing individual skills in an energetic team atmosphere where all are encouraged to succeed and to promote swimming as a lifelong sport. Please contact MN Recreation at 610-353-2326 for additional details and registration information. Everyone is welcome – Join anytime.

Winter Session: Nov. 18 – March 28
Spring Session: March 30 – May 22

ADULT BOCCE BALL LEAGUE
Marple Newtown Recreation’s Spring Adult Bocce Ball League is scheduled to begin in late April. Games will be played at the Bocce Ball Court located at Veterans Memorial Park in Broomall. Teams/players wishing more information about the league should contact the recreation office at 610-353-2326.
RECREATIONAL PROGRAMS

SWIM PARTIES
Marple Newtown Recreation makes the High School Pool available from September through May for children’s birthday parties, team parties and special events. Why not make your next birthday party a splash party? A side room is also available for refreshments. Please call the Recreation Office (610-353-2326) at least 4 to 6 weeks in advance to make reservations. Fee includes use of the pool, side room, and lifeguards. Maximum number per party is 25.

MLK YOUTH BASKETBALL CLINIC
Boys ages 8 to 14 will get instruction in rebounding, ball handling, passing, shooting, offensive team development and team defensive concepts. The clinic will be conducted at the Marple Newtown High School Gym under the direction of Head Boys Basketball Coach Sean Spratt. All participants should bring a lunch.

ADULT OPEN PICKLEBALL
The Community Center Gym is now open Monday, Wednesday and Friday afternoons from 1:00pm to 3:00pm for Open Pickleball play. The program will run through May, 2020. Please call 610-353-2326 in case of inclement weather and to confirm holiday dates.

JUNIOR TENNIS CLINIC
Level 1 (Ages 4 - 6)
Beginner players are introduced to basic skill and athletic development on a 36-foot court. Classes include a warm-up, coordination drills, ground-stroke development, and games-based drills. The program will be conducted at the Healthplex Sports Club and instruction will be provided by their tennis professionals. Players should bring their own racquet. All other equipment will be provided. Please call 610-353-2326 for additional information and visit www.mnrecreation.org to register.

JUNIOR TENNIS CLINIC
Level 1 (Ages 7 - 10)
This clinic is for junior players that are either beginners or have some tennis experience already. Juniors in this group learn ground-stroke development and the early stages of learning how to serve on a 60-foot court. The program will be conducted at the Healthplex Sports Club and instruction will be provided by their tennis professionals. Players should bring their own racquet. All other equipment will be provided. Please call 610-353-2326 for additional information and visit www.mnrecreation.org to register.

ADULT OPEN CORNHOLE
The Community Center Gym is now open Monday, Wednesday and Friday afternoons from 1:00pm to 3:00pm for open Cornhole play. The program will run through March, 2020. Please call 610-353-2326 in case of inclement weather and to confirm holiday dates.

Visit us on the web at www.mnrecreation.org

Weather & Information Hotline 610-353-2326

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ZUMBA TONING

Saturday morning Zumba® Toning combines your favorite zumba rhythms with a component of toning exercises for the legs, buttocks, arms, abdominals and core section. When it comes to body sculpting, Zumba Toning raises the bar (or rather, the toning stick). It combines targeted body-sculpting exercises and high-energy cardio work with Latin infused zumba moves to create a calorie-torching, strength-training dance fitness party. Students learn how to use lightweight, maraca-like toning sticks to enhance rhythm and tone all their target zones, including arms, abs and thighs. Zumba Toning is a perfect way for enthusiasts to sculpt their bodies naturally while having a blast. Please bring a set of weights (3-5 lbs.) for the arm work and an exercise mat for the core and stretching. A great way to start your weekend! Class will be held at the Community Center and will be conducted by Pam Nelson.

**Zumba Toning**

- **Session 1:** Feb. 1 – March 7
- **Session 2:** March 21 – May 2 (No April 11)
- **Session 3:** May 9 – June 20 (No May 23)
- **Day:** Saturday
- **Time:** 8:30am – 9:45am
- **Price:** $60 per session

MN JUNIOR TENNIS LEAGUE

Learn and play tennis with the USTA 10 and under format! The USTA format allows all children ages 5 to 10 to learn the game in a modified format with shorter courts, transition balls, and smaller racquets. Just as in baseball, soccer, and basketball, players will be placed on tennis teams and play against other teams. This seven-week program starts with 75-minute long practices run by our league managers for the first three weeks. The last four weeks, we’ll continue with 30 minutes of practice followed by 45 minutes of a team match against another team. As opposed to a clinic, the league gives participants an opportunity to experience match play. All players will receive a uniformed shirt, award, and ceremony at the conclusion of the season. To register and/or additional information please visit www.local.phillyteamtennis.org, call Justin DePietropolo at 610-450-4816, or email him at Justin@phillyteamtennis.org.

**MN Junior Tennis League**

- **Session 1:** April 25 – June 13 (May 23/rain make-up only)
- **Day:** Saturday
- **Time:** 2:30pm – 3:45pm (ages 8 & under)
- **Session 2:** April 27 – June 15 (May 23/rain make-up only)
- **Day:** Saturday
- **Time:** 3:45pm – 5:00pm (ages 10 & under)
- **Site:** MN High School Tennis Courts
- **Price:** $87 per session

ZUMBA SHOTS

Soccer Shots is a leader in youth soccer development for children ages 3-8. Our nationally recognized program offers a high energy, fun, age-appropriate introduction to the wonderful game of soccer. The innovative curriculum emphasizes both soccer skills and character development. Our goal is to leave a lasting, positive impact on every child we serve. Join us and see why tens of thousands of children throughout North America have benefited from the Soccer Shots experience. The program will be conducted by Soccer Shots. Please visit www.soccershots.org/delawarecounty to register. In addition to cost below, there is an annual $15 registration fee per registrant.

**Soccer Shots**

- **Dates:** March 28 – May 16
- **Day:** Saturday
- **Session 1:** 8:45am – 9:25am (ages 3-5)
- **Session 2:** 9:35am – 10:15am (ages 3-5)
- **Session 3:** 10:25am – 11:05am (ages 3-5)
- **Session 4:** 10:25am – 11:05am (ages 5-8)
- **Session 5:** 11:15am – 11:55am (ages 3-5)
- **Session 6:** 11:15am – 11:55am (ages 5-8)
- **Site:** Veterans Park
- **Price:** $115 per session

**Soccer Shots 2**

A 30-minute soccer clinic, specifically designed with song, routines, and fun at an age-specific level for 2 and young 3-year old’s. This program will most likely be your child’s first experience participating in an organized athletic class that requires listening and following directions so our coaches are trained to nurture these aspiring young athletes. The program will meet at Veterans Park in Broomall and will be conducted by Soccer Shots. Please visit www.soccershots.org/delawarecounty to register. In addition to cost below, there is an annual $15 registration fee per registrant.

**Soccer Shots 2**

- **Dates:** March 29 – May 30
- **Day:** Sunday
- **Session 1:** 11:30am – 12:00pm
- **Session 2:** 12:10pm – 12:50pm (ages 3-5)
- **Session 3:** 1:00pm – 1:40pm (ages 3-5)
- **Session 4:** 1:30pm – 2:10pm (ages 5-8)
- **Site:** Veterans Park
- **Price:** $115

ZUMBA FRIENDS

A Special Needs Zumba Program by Pam Nelson

Zumba Fitness for the special-needs population (ages 8 and above) where participants will learn easy to follow Zumba dance steps to fun songs from around the world and American Pop. Zumba is a great form of exercise so come out and join the party! The six-week program will be conducted by certified Zumba instructor Pam Nelson and will meet at the Gauntlett Community Center. Parent / Caregiver is welcome free of charge.

**Zumba Friends**

- **Dates:** April 1 – May 20
- **Day:** Wednesday
- **Time:** 4:00pm – 4:30pm
- **Site:** Veterans Park
- **Price:** $115

**Zumba Friends 5**

- **Dates:** March 13 – April 9
- **Day:** Tuesday
- **Time:** 5:15pm – 5:45pm
- **Site:** Veterans Park
- **Price:** $115

**Zumba Friends 6**

- **Dates:** April 11 – May 23
- **Day:** Thursday
- **Time:** 5:00pm – 5:30pm
- **Site:** Veterans Park
- **Price:** $115

**Zumba Friends 7**

- **Dates:** May 31 – June 13
- **Day:** Thursday
- **Time:** 5:00pm – 5:30pm (ages 3-5)
- **Site:** Veterans Park
- **Price:** $115

**Zumba Friends 8**

- **Dates:** June 28 – July 16
- **Day:** Thursday
- **Time:** 5:00pm – 5:30pm (ages 3-5)
- **Site:** Veterans Park
- **Price:** $115

Weather & Information Hotline: 610-353-2326
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REGISTRATION FORM

1. Participant Information: (please print)

Name: ________________________________ Age: ________________________________

Address: _________________________________________________________________

City/State/Zip: __________________ Phone: _________________________________

E-Mail: ________________________________

Emergency Contact: __________________ Phone: ______________________________

Name of Insurance Plan: ________________________________

Policy No. ___________________________ Group No. ____________________________

Name, Address & Phone of Father’s Employer: _________________________________

Name, Address & Phone of Mother’s Employer: _________________________________

2. Please register me for the following activities:

1. ________________________________ 4. ________________________________
2. ________________________________ 5. ________________________________
3. ________________________________ 6. ________________________________

3. Please Read Carefully

Marple Newtown Leisure Services insures all of its activities for public liability and property damage only. Registrants, participants and general public use is at one’s own risk. Marple Newtown Joint Recreation Commission (aka, MN Leisure Services), Marple Township, Newtown Township, Marple Newtown School District, and any of their respective agents, will not be responsible for any medical bills received as a result of any participation injury, in any of their programs, activities, or use of properties or facilities.

All registrants, or parents of minor children, are required to complete the above insurance information and certification before they will be accepted into a program and allowed to participate. All medical claims must be sent to your personal health plan provider. In addition, I agree that pictures/video taken during programs may be used for future promotional purposes (news releases, web site, etc.).

I have read the above requirements and fully understand its content, and hereby certify and agree to hold harmless, the parties of the Marple Newtown Joint Recreation Commission (aka, MN Leisure Services), for injuries sustained while participating in any of its activities and programs. In the absence of a participant, parent or guardian’s signature below, payment of fees and/or participation in the program shall constitute acceptance of the conditions set forth in this release.

_________________________________________________
Signature of registrant or Signature of parent of a minor

4. Payment

Complete all blanks and include your check payable to Marple Newtown Recreation. Register in person at the Recreation office Monday - Friday, 8:30am to 4:30pm, or send to Marple Newtown Recreation, 20 Media Line Road, Newtown Square, PA 19073.

Please read the brochure carefully as some activities require registration form and payment be sent directly to the instructor.
GENERAL INFORMATION

PROGRAM INFORMATION – We do not confirm registrations. No news is good news! You will be advised only if the class is filled or canceled. Unless noted, programs and activities take place at the Gauntlett Community Center. Simply show up at the program location on the date and time indicated in the brochure.

REGISTRATION FORMS – Must be complete and on file in the recreation office prior to program participation.

CONFIDENTIALITY – Information regarding minor children is considered confidential and will only be shared with the parents or legal guardians listed on the registration form. Family data (address, phone number & email address) will be shared with instructors and coaches.

CANCELLATIONS – Marple Newtown Recreation reserves the right to cancel a class or an entire activity for which there is insufficient registration or for any other reasonable cause.

TRIPS – Most trips depart from the Robert C. Gauntlett Community Center. There are NO refunds for "no shows"!

NON-ENGLISH SPEAKING – In case of an emergency, please include on your registration form the name and phone number of an English speaking person.

PARENT RESPONSIBILITY – Parents are not to bring children to an activity site prior to the activities scheduled start time. In addition, parents are responsible for picking up children promptly at the conclusion of each activity.

INCLEMENT WEATHER – Recreation programs and activities will generally be canceled if schools are closed or dismiss early due to the weather. Please call 610-353-2326 for program cancellation information. For evening and weekend programs, a recorded message will indicate if a program has been canceled. Most canceled classes will be rescheduled or added at the end of the session.

SPECIAL PEOPLE – Handicapped and other special individuals are accepted in all programs and activities. Please consult the recreation office during registration.

INSURANCE – The Marple Newtown Joint Recreation Commission carries liability and property damage insurance only. Program participants are expected to use personal family health plans for medical coverage.

PRICES – Most activity prices are listed. Payment must be received in advance for each program desired.

NON-RESIDENT PRICES – Most programs are open to non-residents at stated price, plus $10.

MULTIPLE CHILDREN FAMILIES – When registering three or more children from the same family for the same program, check with the recreation office for discount prices. Clinics and contracted activities are not included.

REFUNDS – Are subject to a $10 administrative charge and approved only if the request is received three business days before the first class. In reference to trips and one-day workshops, refunds are only given if a replacement can be found.

RETURNED CHECK FEES – All returned checks are subject to a $25 processing fee.

CREDIT CARDS (VISA & MASTER-CARD) – Are accepted EXCEPT for ski, movie and amusement park tickets. These transactions are cash only.

To Advertise Call 610-353-2326 for rates and information

BROOMALL ROTARY CLUB
Donations Requested for Veteran’s Park Inclusive Playground

The Broomall Rotary Club’s motto is “Service Above Self” and they have been honored to bring to the community, not only Rotary field, but also the bocce court at Veteran’s Park on Lawrence Road. It is with this motto in mind, that they are partnering with Marple Township to continue to meet the needs of all of Marple’s citizens by building an inclusive playground to replace the current playground during the township’s remodeling and expansion of Veteran’s Park. In our community, we have many special children that have been unable to experience the fun afforded by playgrounds. The Broomall Rotary Club’s investment in the bocce court was $7500, but the cost of the inclusive playground is approximately five times that amount. Please help make the inclusive playground a reality by donating to the Broomall Rotary Foundation. You can donate by contacting Lou Pace, club president, at broomallrotary.com or send your donation to President, Broomall Rotary, PO Box 37, Broomall, PA 19008, making the check payable to Broomall Rotary Foundation. Thank you!

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CONTACT & SIGN UP:  
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